

An Injectable Hybrid Hydrogel with Oriented Short Fibers Induces Unidirectional Growth of Functional Nerve Cells

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To regenerate soft aligned tissues in living organisms, low invasive biomaterials are required to create 3D microenvironments with a structural complexity to mimic the tissue's native architecture. Here, a tunable injectable hydrogel is reported, which allows precise engineering of the construct's anisotropy in situ. This material is defined as an Anisogel, representing a new type of tissue regenerative therapy. The Anisogel comprises a soft hydrogel, surrounding magneto-responsive, cell adhesive, short fibers, which orient in situ in the direction of a low external magnetic field, before complete gelation of the matrix. The magnetic field can be removed after gelation of the biocompatible gel precursor, which fixes the aligned fibers and preserves the anisotropic structure of the Anisogel. Fibroblasts and nerve cells grow and extend unidirectionally within the Anisogels, in comparison to hydrogels without fibers or with randomly oriented fibers. The neurons inside the Anisogel show spontaneous electrical activity with calcium signals propagating along the anisotropy axis of the material. The reported system is simple and elegant and the short magneto-responsive fibers can be produced with an effective high-throughput method, ideal for a minimal invasive route for aligned tissue therapy.

In many complex tissues (e.g., nerves and muscles), cells are surrounded by an extracellular matrix (ECM) with a specific anisotropic architecture.^[1] These native 3D hierarchical structures influence the biological functions of tissues and allow for efficient cell–cell communication.^[2] To successfully regenerate diseased or injured tissues with endogenous cells,

biomaterial scaffolds have to support and instruct local cells to rebuild new healthy and functional tissue. Besides the mechanical and biochemical properties, the scaffold needs to mimic the specific architectures of the ECM. Diverse techniques have been developed to engineer 3D implantable constructs, which are premade beforehand and exhibit highly ordered nano, micro, and macroscopic structures.^[3] Methods to fabricate implantable scaffolds with unidirectional orientation entail magnetic alignment of proteins in the presence of a strong magnetic field (a few Teslas),^[4] freeze-drying,^[5] a gas foaming/particulate leaching method,^[6,7] aligned fibers without or within hydrogels,^[8] short-pulse lasers,^[9] and using shear flow.^[10] Especially in the case of nerve regeneration, polymeric anisotropic implants and aligned fibers have promoted directional nerve growth^[11,12] and reduced scar formation at the lesion site after spinal cord injury (SCI).^[13,14] Most aligned nanofibers are generated by electrospinning, which is a well-known and diverse approach with the ability to tailor the physical and biological properties of nanofibers.^[11,15] The chemistry, surface wettability, degradation, mechanical properties, and surface topography can easily be manipulated by tuning the process parameters and applying various synthetic and/or natural materials.^[16] However, one limitation of

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implantable materials is that a space has to be available or created by an invasive surgical procedure, which may lead to further impairment of the tissue.

To avoid causing additional damage to sensitive tissues, many applications, including therapies for spinal cord repair, require a minimal invasive material. In the case of acute SCI, it is crucial to spare all nerves that may still be intact or functional. Injectable materials, such as hydrogels, have the advantage that they can be injected as a liquid and form a matrix *in situ*.^[17] This enables easy adaptation to irregular injury shapes and the creation of an integrative tissue-implant interface.^[18] Hydrogels have been mixed with short fibers for cardiac regeneration^[19] and hydrogel reinforcement.^[20] Beyond different reported techniques, such as ultrasonication,^[21] homogenizing,^[22] chemical treatment,^[23] and patterned UV-crosslinking,^[24] the electrospinning/microcutting method enables the production of quasi monodisperse short fibers,^[25] which is crucial to control and study cell–fiber interactions.

Nevertheless, most injectable hydrogels consist of an isotropic network and do not combine the required compliance and biomolecular functionalization with orientational order.^[17,18] Over the past years, only few developments have been reported to introduce anisotropy or unidirectional guidance inside low invasive materials, which can be grouped in the following three examples. First, the alignment of diamagnetic proteins uses high magnetic fields (>4.5 T), but this approach has only been used to fill the lumen of implants and has not yet been applied after injection *in vivo*. Second, self-assembling peptide amphiphiles that are able to form flow-induced oriented high-aspect-ratio nanofibers after a heating/cooling treatment.^[26] To orient this hydrogel inside the spinal cord aligned with the nerves, the material has to be injected parallel to the spinal cord tissue using a micromanipulator-assisted needle retraction, which is challenging in clinical applications and can cause further damage. In addition, the formed nanofiber bundles have a small diameter of 40 nm, which limits the control and flexibility over the anisotropic dimensions of the hydrogel.^[27] As a third approach, multiple groups have aligned magnetic particles inside a hydrogel to form colloidal assemblies in the direction of low magnetic fields in the milli Tesla (mT) range.^[28,29] Here, it is difficult to control the dimensions, distances, and properties of the guiding elements, and more importantly, the magnetic particle strings consist entirely of iron oxide particles. Therefore, this method is not ideal for clinical use due to the high concentrations of iron oxide above the toxicity level for nerve cell applications.^[30] In one example, spherical ECM-coated magnetic particles (300 nm) were oriented in Matrigel but demonstrated directed cell growth both parallel and perpendicular to the direction of strings due to the presence of a microspaced fibril pattern and nanoscale grooves, respectively.^[28] Another study illustrated that the magnetic colloidal assembly of the particles resulted in alignment of the collagen fibers in the surrounding hydrogel.^[29]

Alternatively, to reduce the amount of required iron oxide, macroscopic anisotropic elements with controlled dimensions and properties can be rendered magnetic by coating their surface with superparamagnetic iron oxide

nanoparticles (SPIONs), or mixing superparamagnetic cobalt nanoparticles inside their volume, resulting in alignment in external mT magnetic fields.^[31] We recently applied this concept to create biocompatible anisotropic hydrogels *in situ*.^[32] A mold-based soft lithography batch approach was applied to fabricate rod-shaped microgels loaded with a low dose of SPIONs that orient in mT magnetic fields, after which they are fixed in a crosslinked hydrogel. The resulting anisotropic hybrid hydrogel is called an Anisogel. Even though the poly (ethylene oxide) microgels are not cell adhesive, they are able to prompt the cell's and nerve's decision to grow unidirectionally with only a minimal amount of structural guidance cues. To enhance the applicability of this method in the clinic and address many anisotropic tissues in the body (e.g., nerve, muscles, and heart), we here describe a novel straightforward and high-throughput fabrication method to fabricate Anisogels.

In this report, we demonstrate the development of a simple but effective concept to fabricate short, magneto-responsive poly (lactide-co-glycolide) (PLGA) fibers with controlled and defined diameters and lengths using a high-throughput, semicontinuous electrospinning/microcutting method. The short fibers are mixed within a precursor solution to introduce aligned, cell adhesive guiding elements inside an injectable hydrogel. PLGA is applied, as it is a clinically used and degradable biomaterial that has demonstrated to support nerve growth.^[7] After collecting aligned PLGA nanofibers using a parallel plate collector, the fibers are embedded and fixed in a cryomedium to enable microsectioning perpendicular to the direction of the fibers (**Figure 1a**, steps I and II, and **Figure S2**, Supporting Information). By mixing SPIONs inside the PLGA solution before electrospinning, magnetically responsive short fibers are obtained, which are then dispersed inside the hydrogel precursor solution (**Figure 1a**, step III). A low magnetic field (≤ 300 mT) is applied to this mixture, inducing short fiber orientation before hydrogel crosslinking, which results in the formation of our Anisogel (**Figure 1a**, step IV). Due to simplicity and reliability of this technique, the features of the anisotropic matrix can be controlled *in situ* with precise engineering. Compared to previously published reports,^[28,29] the Anisogel only requires a low amount of iron oxide magnetic nanoparticles to orient the microscopic fibers, which are made of a nonmagnetic, cell adhesive polymer, using a high-throughput fabrication method. While the minimal application of iron oxide particles and the use of clinically approved biomaterials render the presented Anisogel favorable for *in vivo* applications,^[30,33] the straightforward and effective fabrication method makes this system an excellent candidate for clinical translation.

PLGA fibers are electrospun and collected in an aligned manner with a diameter of 689.7 ± 88.5 nm (**Figure 1b**). They are cut into short fibers with four different fiber lengths: 25.5 ± 1.8 μm , 51.1 ± 2.8 μm , 78.5 ± 1.2 μm , and 101.1 ± 5.0 μm (**Figure 1c**). The parallel plate collector enhances the evaporation rate of the solvent, avoiding fiber fusion and resulting in single filaments. To render the short fibers magnetic, SPIONs with an average diameter of 5.2 ± 1.0 nm (**Figure S1a**, Supporting Information) are synthesized

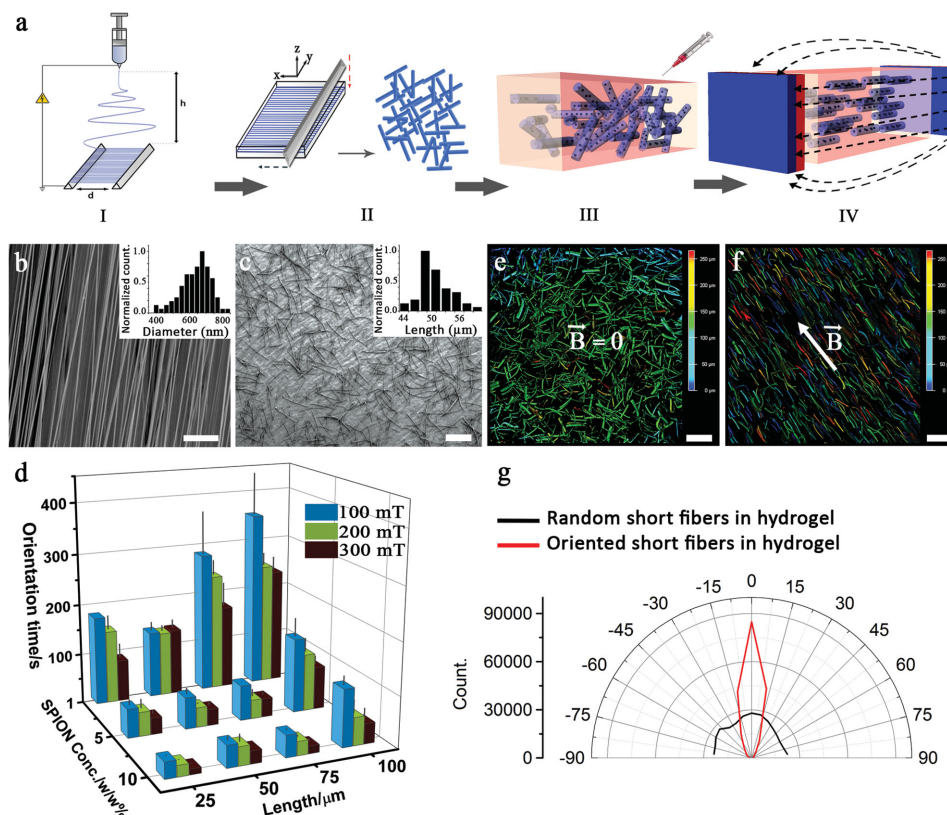


Figure 1. a) A schematic representation of the Anisogels fabrication process. Electrospinning of aligned fibers on a parallel plate (step I), followed by embedding the fibers in an optimum cutting temperature (OCT) gel for subsequent cryosectioning. The fibers are purified and dispersed in distilled water after melting and washing off the excess of gel (step II). Randomly oriented short fibers mixed within the hydrogel precursor solution in liquid state before applying the magnetic field (step III). Fiber orientation and hydrogel solidification result in the Anisogel (step IV). b) SEM image of aligned PLGA fibers formed on a parallel plate collector with an average diameter of 689.7 ± 88.5 nm (inset: diameter distribution histogram). c) SEM image of $50 \mu\text{m}$ short fibers after cryosectioning (inset: length distribution histogram). Scale bars $50 \mu\text{m}$. d) The orientation time of magneto-responsive short fibers with different lengths and SPION concentrations at three different magnetic fields. Depth color-coded images of magnetic fibers inside 3D fibrin hydrogels, prepared e) in the absence of an external magnetic field and f) in the presence of a 100 mT magnetic field. Scale bars $100 \mu\text{m}$. g) The angular distribution of random and oriented fibers in a 3D hydrogel corresponding to (e,f), respectively.

and dispersed at different concentrations of 1, 5, and 10 w/w% inside the polymer solution before the electrospinning process. The SPIONs are homogeneously distributed inside the PLGA solution and do not show any aggregation in solution, even after 1 h, which is the time it takes to spin the fibers (Figure S1b,c, Supporting Information). This is further confirmed by the visualization of homogeneously distributed SPIONs inside the PLGA fibers after electrospinning (Figure S1d, Supporting Information). The average diameter of the obtained fibers is not affected by the incorporation of the SPIONs (Figure S3a, Supporting Information). Thermogravimetric analysis of the SPIONs reveals a 31.0 ± 0.5 w/w% iron content in the dried SPIONs and 78% SPION encapsulation efficiency inside the fibers during the production of the short fibers (Figure S3b,c, Supporting Information). By applying a magnetic field in the mT range, the short magneto-responsive fibers align their principal axis of magnetization relative to the direction of the magnetic field lines, as shown in Movie S1 in the Supporting Information. The effect of fiber length, SPION content, and the strength of the external magnetic field on fiber orientation is shown in Figure 1d. The orientation time of the short fibers decreases with increasing SPION concentration and magnetic field strength, while

increasing fiber length slows down the orientation rate. A minimum orientation time of 11.7 ± 2.1 s is achieved for fibers with a length of $25 \mu\text{m}$, containing 10 w/w% SPIONs, in a magnetic field of 300 mT. Fibers with a length of $100 \mu\text{m}$ and 1 w/w% SPIONs demonstrate the longest orientation time of 350.0 ± 84.9 s in a 100 mT magnetic field. Reducing the length from 100 to $25 \mu\text{m}$ leads to a reduction in orientation time between 40% and 70%, depending on the SPION content and magnetic field strength. Fibers, produced with a length larger than $150 \mu\text{m}$, and thus an aspect ratio higher than 200, give rise to physical entanglement and lose their ability to align. As the PLGA polymer solution is subjected to a high electric field during the electrospinning process, the polymer chains within the electrospun fibers have a high degree of alignment and orientation.^[34] This leads to the relaxation of extended amorphous chains to a random coil state near the glass transition temperature ($T_g \approx 38^\circ\text{C}$), causing a dimensional change ($\approx 40\%$ shrinkage) of the fibers at 37°C . Therefore, for further use inside the Anisogels, the fibers are cut at a length of $100 \mu\text{m}$, and preshrunk to $\approx 60 \mu\text{m}$. To investigate the ability of the Anisogels to direct cell and nerve growth, the oriented fibers are interlocked inside a crosslinked hydrogel. Fibrin was chosen as a biocompatible

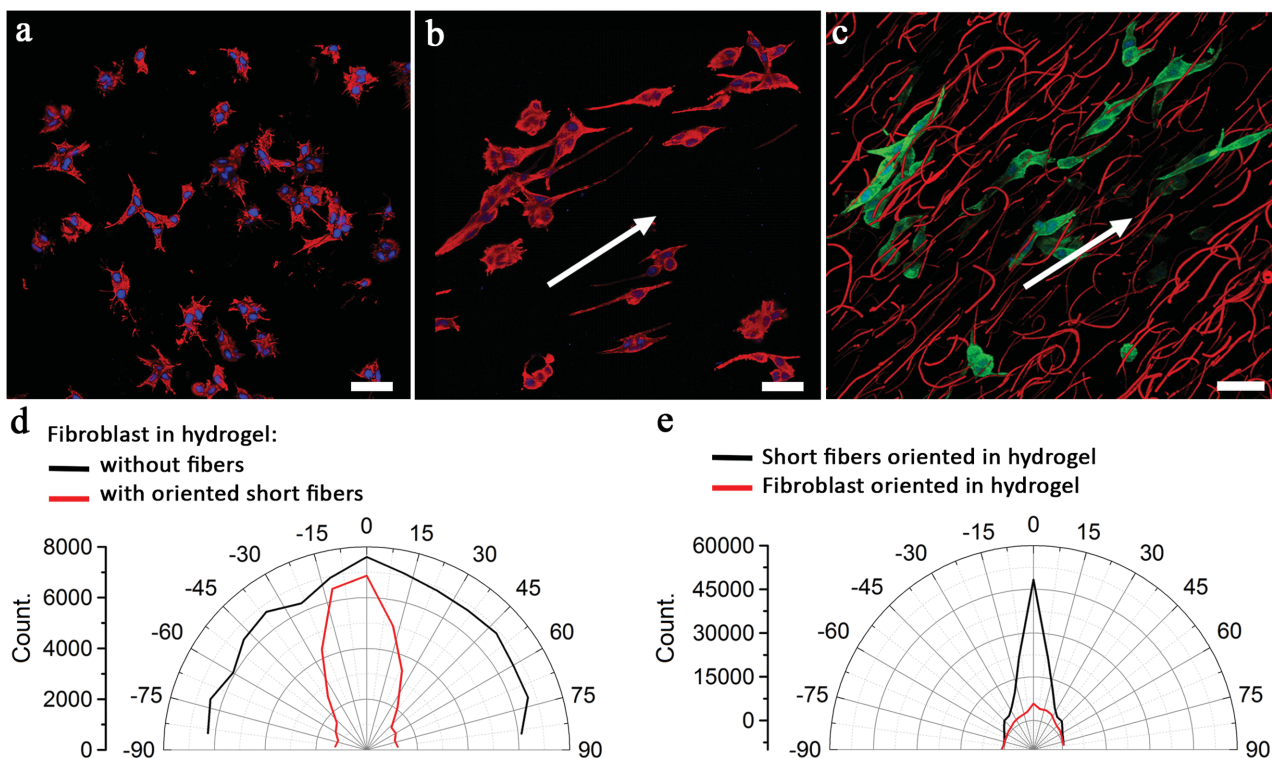


Figure 2. The ability of the Anisogel to direct cell growth. a) Fibroblasts mixed within a fibrin gel without fibers, F-actin filaments (red: Alexa Fluor 594 phalloidin) stretched in all directions. b) Fibroblasts mixed within a fibrin gel with short oriented fibers, F-actin filaments (red: Alexa Fluor 594 phalloidin) elongate in the direction of the aligned fibers (inset arrow). c) Fibroblasts (F-actin filaments stained in green: Alexa Fluor 488 phalloidin) elongate in the direction of the oriented fibers (red: Rhodamin B). Scale bars 50 μm . d) The angular distributions of fibroblast orientation in a 3D hydrogel without fibers and inside the Anisogel, corresponding to (a,b), respectively. e) The angular distribution of fibroblast and fiber orientation inside the Anisogel, corresponding to (c).

model hydrogel system to provide a microenvironment with the appropriate mechanical and biochemical properties for these cell cultures.^[14] Magnetic fibers with a final approximate length of 60 μm are mixed within a fibrinogen solution with 0.25 U mL^{-1} Thrombin and 4 U mL^{-1} Factor XIII to tune the gelation kinetics of the gel and enable orientation and fixation of the fibers inside the 3D matrix. A fibrin composition with 4 mg mL^{-1} fibrinogen leads to a hydrogel storage modulus of 424.3 ± 94.0 Pa (Figure S4, Supporting Information), which is consistent with reported data and has demonstrated to support nerve growth.^[35] In the absence of a magnetic field, randomly oriented fibers are obtained inside the fibrin gel (Figure 1e), which increases the storage modulus to 687.0 ± 28.8 Pa. This is in agreement with reported reinforced hydrogels, incorporated with randomly oriented short polymeric fibers.^[36] In the presence of a low external magnetic field of 100 mT, the short fibers align unidirectionally, parallel to the field, while the fibrinogen solution crosslinks around the fibers, forming the Anisogel. This preserves the linear structure of the Anisogel after removal of the magnetic field (Figure 1f). The bulk storage modulus of these Anisogels is 572.7 ± 66.5 Pa, thus 16.6% lower compared to hydrogels with randomly oriented fibers, which is likely due to the less pronounced fiber entanglement with the hydrogel network, compared to randomly oriented fibers. Although this is an interesting observation, the main aim of this work is to provide linear guiding elements inside a soft hydrogel to direct

cells, changing the local mechanical properties. The magnetic alignment of the short fibers was successful as the full width half maximum (FWHM) of the angular distribution of the aligned fibers inside the hydrogel is 25.5° , compared to 171.0° in the absence of a magnetic field (Figure 1g and Figure S6a, Supporting Information).

The effect of the Anisogel on cell morphology and directional growth is evaluated by incorporating L929 mouse-derived fibroblasts, primary neurons, or full embryonic chick dorsal root ganglia (DRG) inside the gels. In the case of fibroblasts, a hydrogel without fibers, thus lacking unidirectional spatial guidance cues, induces multidirectional cell growth. Here, isotropic morphologies of the cells are observed with F-actin filaments stretched in all direction (Figure 2a). On the other hand, Anisogels containing only 0.015 v/v% short fibers lead to unidirectional cell growth along the fiber orientation with cells displaying an elongated shape and cytoskeleton (Figure 2b). Elongated fibroblasts are observed to adhere and grow along the oriented short fibers (Figure 2c). The angular distribution of fibroblast elongation inside the Anisogel shows a much narrower peak (FWHM: $54.4^\circ \pm 4.3^\circ$), compared to the hydrogel without fibers (FWHM: $162.5^\circ \pm 6.6^\circ$) (Figure 2d, Figure S6b, Supporting Information). The angular distributions of aligned fibroblasts and short fibers both show the same direction and have FWHMs of 49.0 ± 6.7 and 24.7 ± 11.8 , respectively (Figure 2e).

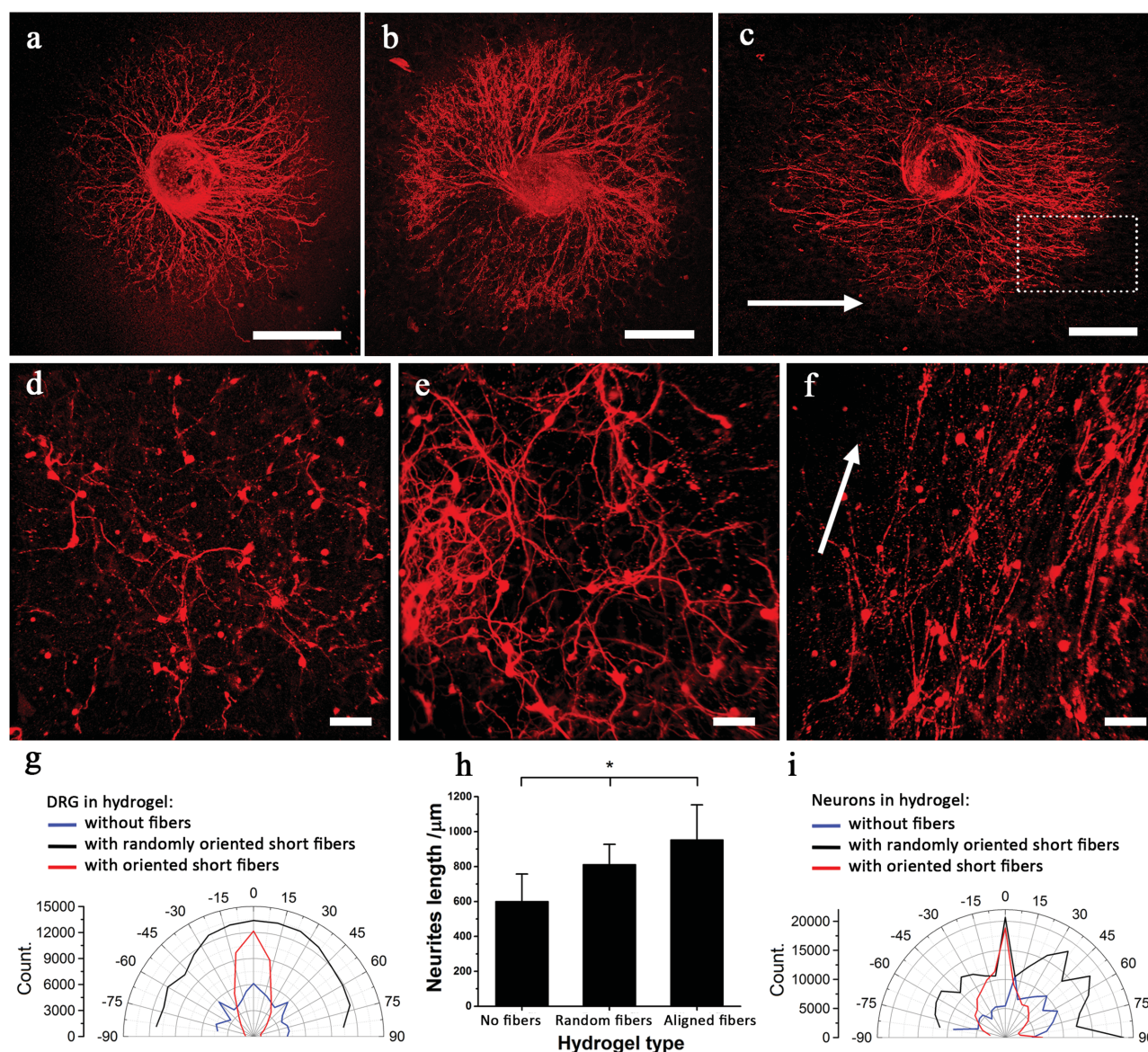


Figure 3. The ability of the Anisogel to support unidirectional nerve growth. DRG extension (red: β tubulin detected with TRITC) in a hydrogel comprising a) no fibers, b) randomly oriented fibers, or c) unidirectionally oriented fibers (inset arrow). The white-dashed box in (c) is magnified in Figure S7a in the Supporting Information. Scale bars 500 μm . Neurite extensions of single neurons (red: β tubulin detected with TRITC) in a hydrogel comprising d) no fibers, e) randomly oriented fibers, or f) unidirectionally oriented fibers (inset arrow). Scale bars 100 μm . g) The angular distributions of random and aligned DRG extensions in 3D hydrogels, corresponding to (a,b,c), respectively. h) Length of neurite extensions from a DRG explant in a hydrogel comprising either random or oriented short fibers, compared to a hydrogel without any fibers. i) The angular distribution of random and aligned neurite extensions of single neurons, corresponding to (d,e,f), respectively.

To analyze the potential of this Anisogel as a therapy for spinal cord repair, full DRG or dissociated primary neurons are, respectively, inserted or directly mixed into the hybrid hydrogels. The cells are cultured for 7 d to study in which direction neurites extend and migrate within the gels. Here, placing the DRG in both hydrogels without or with randomly oriented fibers results in radial extension of the growing neurites (Figure 3a,b), while the Anisogel triggers the neurites to grow along the fiber direction (Figure 3c and Figure S7a, Supporting Information). As shown in Figure 3g, the angular distribution of DRG neurite extensions in Anisogels demonstrates a narrower peak (FWHM: $59.6^\circ \pm 15.4^\circ$), compared to the gel in the absence of fibers (FWHM: $169.0^\circ \pm 2.8^\circ$) or

randomly oriented fibers (FWHM: $170.8^\circ \pm 0.3^\circ$) (Figure S6c, Supporting Information). Interestingly, despite the fact that both hydrogels with randomly oriented fibers and without any fibers result in radial nerve growth, hydrogels containing either aligned or random short fibers enhance the rate of neurite extension by 55% and 34%, respectively, compared to fibrin gels without any fibers (Figure 3h). This may be explained by the cell adhesive properties of PLGA.

In addition, experiments with single neurons confirm the functionality of in situ fiber alignment. Even though both hydrogels without fibers or with randomly oriented fibers show nerve extensions in all directions (Figure 3d,e, respectively), neurons mixed within Anisogels lead to elongation

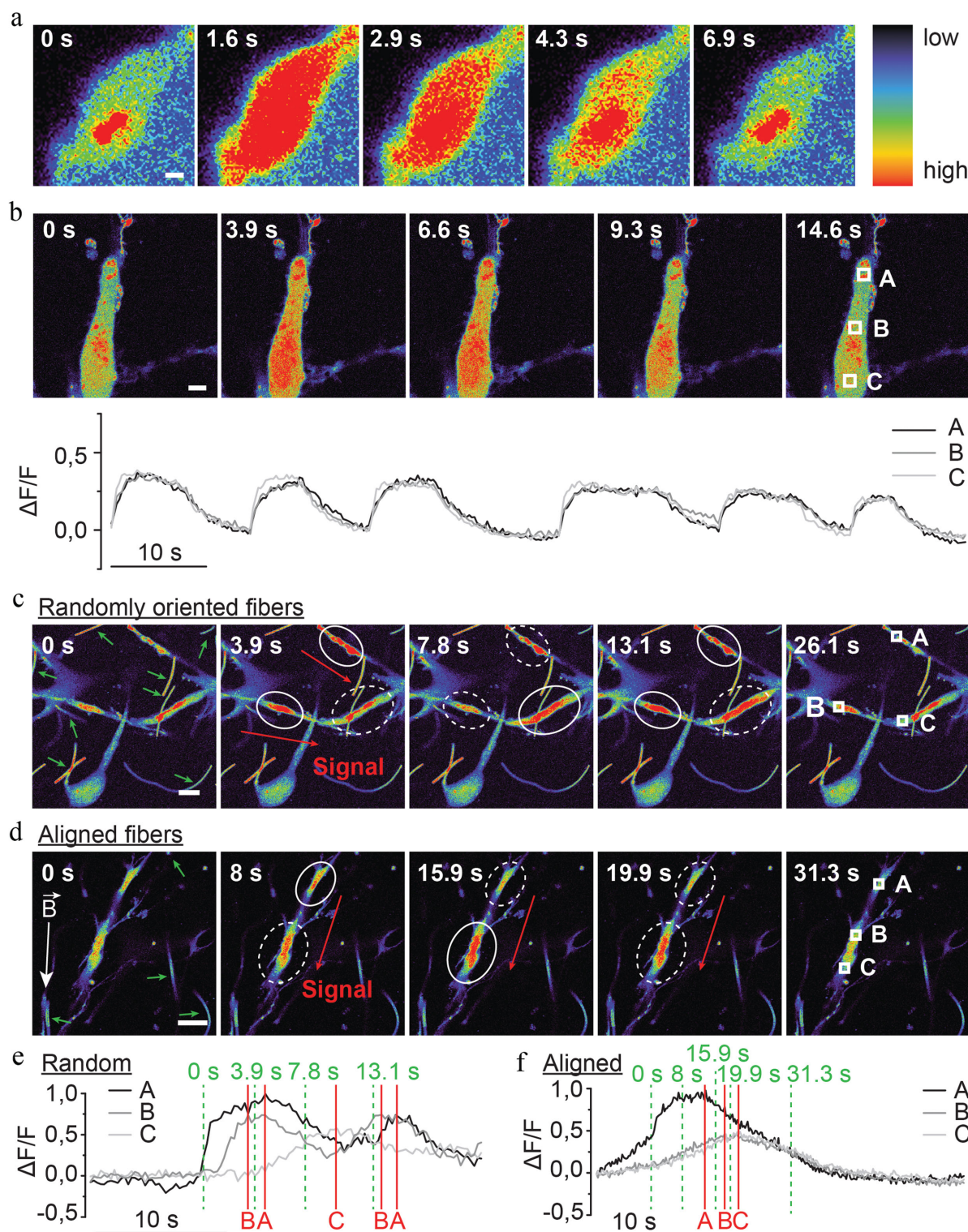


Figure 4. Neurons grown in an Anisogel are functional and demonstrate spontaneous electrochemical activity in the direction of the material and its anisotropy. **a)** Magnified image sequence of measured calcium signals of a neuronal cell inside an Anisogel corresponding to Movie S3 in the Supporting Information. **b)** Image sequence and quantification of a calcium transient in three specific regions of interest ($3 \times 3 \mu\text{m}$) inside a nerve cell in an Anisogel, corresponding to Movie S2 in the Supporting Information. Calcium peaks of similar size and frequency are observed over a course of 90–140 s. Effect of fiber orientation on the direction of neural signal propagation. Neurons are cultured inside fibrin hydrogels with **c)** randomly oriented fibers, or **d)** aligned fibers. The calcium signal direction is marked by the red arrows, while the green small arrows indicate fibers. A solid circle corresponds to a maintained or increasing signal, compared to the previous image, while a dashed circle corresponds to a fading signal. **e–f)** Normalized quantification (to mean ground signal F) of the calcium signals in **(c,d)**, respectively, in three different regions of interest ($3 \times 3 \mu\text{m}$) along the neurons (white boxes A, B, and C). Red lines show signal peak maxima and therefore the signal order and green lines indicate the time points of the images in **c** and **d**, respectively. Scale bar: **a)** $1 \mu\text{m}$ and **c,d)** $20 \mu\text{m}$.

parallel to the aligned fibers (Figure 3f and Figure S7b, Supporting Information). The quantification of the angular distributions of the images confirms this trend, as the FWHM value for neurons mixed within a gel comprising aligned fibers (Figure 3f) is 33.2°, compared to 171.0° and 168.5° for gels without fibers (Figure 3d) or randomly oriented fibers (Figure 3e), respectively.

In order to investigate the functionality of the growing neurons inside the gels, we measure the calcium transient through a fluorescent indicator (Fluo-4). The nerve cells inside the Anisogel spontaneously and regularly excite, indicating electrochemically functional neuronal activity (Figure 4a, Movies S2–S4, Supporting Information). Quantification of the neuronal signals reveal peaks of similar size and frequency over a course of 90–140 s (Figure 4b, Figure S8, Movies S2–S4, Supporting Information). These signals are measured in 3D, and their parameters strongly depend on the local neuronal connectivity and therefore, neuronal density.^[37] In addition, the effect of the material anisotropy on the neuronal activity is analyzed by measuring the calcium transient at lower magnifications. Quantification of the cellular calcium levels in different regions of interest (white boxes A, B, and C) is performed along the neuronal cells inside the hydrogels and substantiates the time lag between calcium transitions inside and along the different cells. Importantly, fibrin hydrogels with randomly oriented fibers show multidirectional signal propagation inside the gels (Figure 4c,e, Movie S5, Supporting Information), while aligned fibers induce signal propagation in the direction of the fibers, indicating Anisogel-directed neuronal activity (Figure 4d, Movie S6, Supporting Information). Signal frequency quantification shows a time lag between the different regions of interest (white boxes A, B, and C) along the aligned neurons, parallel to the direction of the fibers (Figure 4f). This Anisogel is the first injectable gel that demonstrates unidirectionally signal propagation along oriented nerves, which is an important and crucial function for further medical applications.

In conclusion, we demonstrate the potential of a novel, low invasive, anisotropic hydrogel, consisting of magneto-responsive, cell adhesive short fibers, and a crosslinked precursor solution. The micrometer-scale fibers are prepared by an effective high-throughput electrospinning/microcutting technique with tailorable dimensions. Encapsulation of low SPION doses during the spinning process leads to magneto-responsive behavior in the presence of an external magnetic field in the mT range. After fiber orientation, the fiber positions are interlocked by crosslinking the hydrogel precursor solution around the fibers, resulting in a stable Anisogel after removal of the magnetic field. Due to the low concentration of iron, this hybrid hydrogel concept is suitable for in vivo applications. The simplicity and versatility of this approach enables the formation of unidirectional, oriented structures in situ with controlled features that stimulate fibroblasts and functional nerve cells to grow in a linear manner. Importantly, the Anisogel supports unipolar neural signal propagation in direction of the oriented fibers, which is a crucial function for applications in linearly oriented neuronal tissues, such as spinal cord. This Anisogel opens the field for a new type of regenerative biomaterial that bridges the gap

between implantable guiding scaffolds and low invasive isotropic injectable hydrogels. It provides a platform that can be applied as therapeutic material to heal different types of tissues that consist of an aligned architecture inside the body, such as the heart, kidney, muscles, and nerves. The elegant, high-throughput fiber fabrication method and low invasiveness of this technology can enhance the clinical outcome for patients without risking further damage and enable investigating the effect of an anisotropic matrix on physiological and pathological processes in vitro and in vivo.

Experimental Section

Experimental details can be found in the Supporting Information.

Supporting Information

Supporting Information is available from the Wiley Online Library or from the author.

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Conflict of Interest

The authors declare no conflict of interest.

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